Capital Basketball May 2017 Monday Wednesday Sunday Tuesday **Thursday** Friday Saturday 12 10 11 13 14 15 16 17 18 19 20 Open Gym 6:30-8:00pm 21 23 27 (Summer Basketbal Skill Work/ **Summer Basketball** Open Gym/Skill Skill Work 6:30-8:00 Open Gym Begins) **Tryouts** Work 5:00-6:30 Physicals at (Players wanting to 5:00-6:30 play in tournaments Skill Work 5:00-6:30 **Borah HS** (Capital HS Graduation) this summer need to 5pm-8pm attend! 5:00-6:30 (1/2 Day of School) June 1st (1/2 Day of School) 31 (Memorial Day) 29 30 (1/2 Day of School) June 2nd June 3rd Off Sophs @ Borah Sophs @ Borah Open Gym/Skill Open Gym/Skill Open Gym/Skill Tourney Tourney Work 5:00-6:30 Work 5:00-6:30 Work 5:00-6:30 JV/Var OFF

Capital Tough!

Capital Basketball June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Open Gym/Skill Work 5:00-6:30		Tourney
4	5 OFF (Girls Camp/Summer League)	6 Scrimmage vs. Ridgevue (At Capital) Sophs 5pm Varsity & JV 6pm	7 Open Gym/Skill Work 5:00-6:30 Practice for all teams!	(All Teams)	Tournament	Tournament
11	12 Camp 8am-3pm Skill Work 3-4pm	13 Camp 8am-3pm Skill Work 3-4pm	14 Camp 8am-3pm Skill Work 3-4pm	Camp 8am-3pm	Rocky Mountain Tournament (All Teams)	Rocky Mountain Tournament
18	19 Skill Work Week! 6:00-7:30pm	20 Skill Work Week! 6:00-7:30pm	21 Skill Work Week! 6:00-7:30pm		Skill Work Week!	
25	26 Open Gym/Shooting/Skill Work 6:00-7:30pm	27 Open Gym/Shooting/Skill Work 6:00-7:30pm	28 Open Gym/Shooting/Skill Work 6:00-7:30pm	Open Gym/Shooting/Skill Work/Practice for Varsity/IV	University of Oregon Team	,
July 2 nd University of Oregon Team Camp (Varsity & JV)						

Capital Tough!